

## CURRICULUM VITAE

**Name:** Dr. Tulika Singh  
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Community Medicine, IGIMS, Patna.  
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### **Academic Qualification:**

| <b>Qualification</b>  | <b>Institution</b>                       | <b>Duration</b> |
|-----------------------|--|-----------------|
| MD Community Medicine | Lady Hardinge Medical College, New Delhi | 2011-2014       |
| M.B.B.S.              | Lady Hardinge Medical College, New Delhi | 2003-2008       |

### **Teaching Experience:**

| <b>Experience</b>   | <b>Institution</b>   | <b>Duration</b>         |
|---------------------|--|-------------------------|
| Assistant Professor | Indira Gandhi Institute of Medical Sciences (IGIMS), Patna | 24/09/2018- till date   |
| Assistant Professor | Mata Gujri Memorial Medical College (MGMMC), Kishanganj    | 15/12/2017 - 21/09/2018 |
| Senior Resident     | Maulana Azad Medical College (MAMC), New Delhi             | 14/11/2014 - 15/11/2017 |
| Senior Resident     | Lady Hardinge Medical College (LHMC), New Delhi            | 11/09/2014 - 13/11/2014 |

### **Achievements:**

#### **I. Publications:**

- Singh T**, Banerjee B, Garg S, Sharma S. A prescription audit using the World Health Organization-recommended core drug use indicators in a rural hospital of Delhi. J Edu Health Promot 2019;8:37.
- Singh M, **Singh T**. Study on self induced unsupervised medical abortion, its complications, follow up and contraceptive counselling. J Adv Med Dent Scie Res 2019;7(2):142-144.
- Sharma S, Raman R, Singh M, **Singh T**. Assessment of level of Knowledge of Basic Life Support among Undergraduate Students in a Medical College of Bihar. Int J Scientific Research 2019 Feb; Vol 8(2):30-32
- Singh T**, Nagesh S. Healthcare Seeking Behavior among Geriatric Women Residing in Urban Resettlement Colony of Delhi. Natl J Community Med 2018;9(4): 245-249.
- Singh T**, Nagesh S, Ray TK. Magnitude and Correlates of Anemia in Elderly Women of a Resettlement Colony of Delhi. J Mid-life Health 2018;9:21-5
- Singh T**, Sharma S, Bratati B, Garg S. Knowledge regarding anaesthesiologist and anaesthesiology among patients and attendants attending a rural hospital of New Delhi. J Edu Health Promot 2018;7:12
- Singh T**, Bratati B, Garg S. Knowledge regarding Zika Virus Disease (ZVD) among Interns and Residents of a Rural Hospital of Delhi. Journal of Communicable Diseases.2017; 49(3), 27-31.
- Singh T**, Nagesh S. Magnitude and correlates of hypertension among geriatric women in a resettlement colony of Delhi. Int J Non-Commun Dis 2017; doi: 10.4103/jncd.jncd\_16\_17
- Singh T**, Sharma S, Nagesh S. Socio-economic status scales updated for 2017. Int J Res Med Sci 2017;5:3264-7.
- Goel, P., Kumar, R., Meena, G., **Singh, T.**, Garg, S. A community based cross sectional study on menstrual hygiene among 18-45 years age women in a rural area of Delhi. International Journal of Biomedical Research 2017; 8(6), 302-308.

11. **Singh T.** Zika virus: Can India win the fight?. Indian J Community Med 2017;42:69-72
12. **Singh T,** Nagesh S, Ray T K, Sharma S. Geriatric Women: An Unheard Voice. J Compr Health 2017 January;5(1): 76-86
13. Singh M, **Singh T.** Advances in Contraception- A Fresh look at IUCDs. Patna J Med 2014 November;88(11):561-562
14. **Singh T,** Singh M. Risk of Decline in Memory and Thinking skills in Women who undergo surgical menopause at an earlier age. Patna J Med 2014 April; 88(4):135-136
15. Singh M, **Singh T.** Abnormal Uterine Bleeding (AUB)- Recent guidelines for Treatment. Patna J Med 2014 April;88(4):120-122
16. Nath R, Sharma S, Dutta A, Roy J, **Singh T.** Hypersensitivity to lignocaine: A case report. IJMRHS. 2013;2:1003–05

## II. Conferences attended and papers presented:

- **Singh T,** Banerjee B, Garg S. Assessment of Knowledge of Healthcare Workers about Zika Virus Disease. Presented at 21<sup>st</sup> Joint Conference of NZIAPSM & IPHA 2017 Chandigarh.
- **Singh T,** Nagesh S, Ray TK. Magnitude and Correlates of Diabetes among Geriatric Women in a Resettlement Colony of Delhi. Presented at World NCD Congress 2017.
- **Singh T,** Nagesh S. A Community-based Study to Estimate the Prevalence and Determinants of Hypertension in Geriatric Women in a Resettlement colony of Delhi Presented at FWTRC 2017 Mumbai.
- Kumar A, Banerjee B, Khanna D, **Singh T,** Goel A. Hospital Based Study of Insomnia and Its Association with Co-Morbidities in Geriatric Population. Presented at Aging & Society: Fifth Interdisciplinary Conference, 2015 in Washington DC
- **Singh T,** Nagesh S. Self-Perceived health problems of elderly women in a re-settlement colony of Delhi. Presented at 41<sup>st</sup> IAPSM 2014 Tripura.
- **Singh T,** Nagesh S. Burden of CHD & Hypertension in elderly women in a re-settlement colony of Delhi. Presented at 41<sup>st</sup> IAPSM 2014 Tripura.
- **Singh T,** Nagesh S. Health profile of Geriatric women in a re-settlement colony of Delhi. Presented at 41<sup>st</sup> IAPSM 2014 Tripura.
- **Singh T,** Nagesh S. A study of magnitude & pattern of physical disability among geriatric women in a re-settlement colony of Delhi. Presented at IPHA DSB CON 2013 Delhi.
- **Singh T.** Telemedicine: Future of Healthcare. Presented at IPHA DSB CON 2013 Delhi.
- **Singh T,** Nagesh S. Health Problems of Geriatric Women in a Re-settlement Colony of Delhi. Presented at 57<sup>th</sup> IPHA 2013 Kolkata.
- Attended International Conference on Food & Nutrition Technology for Public Health Care organized by IISMAAS in May 2012
- **Singh T.** Prevalence of undernutrition in under five children attending an urban health centre of Delhi. Presented at 15<sup>th</sup> NZIAPSM 2011 Rohtak

## III. Other Activities:

- Organized various symposium, Workshop and IEC activities to observe important health days in the Department and at Urban Health Training Centre.
- Actively involved in Epidemiological surveillance of AES in Muzzafarpur carried out by Central Health Teams (NIE, NIN, NCDC) deputed by GOI in June 2019.
- Acted as State co-ordinator for organization of World Health Day Quiz held under the aegis of Indian Association of Preventive and Social Medicine (IAPSM) in April 2019.
- Speaker for sensitization Workshop on usage of ICD & ICF organized by Central Bureau of Health Intelligence, GOI at IGIMS, in March 2019
- Attended State level workshop on Maternal Death Surveillance & Response in Feb 2019

- Appointed as member Editorial Board of World Journal of Public Health from 2019-2021
- Organized the 8<sup>th</sup> Bihar Chapter IAPSM conference in the capacity of the Joint Organizing Secretary at IGIMS, Patna on 8<sup>th</sup> December, 2018.
- Working as reviewer for The International Journal of Health, Wellness, and Society, International Journal of Research in Medical Sciences, International Journal of Science and Research, International Journal of Students' Research Indian Journal of Youth and Adolescent Health, Nutrition & Food Science and others.
- Participated in Various workshops on Qualitative research, Biostats, R Software, National Ethical Guidelines, Tobacco, RNTCP, Zoonotic Diseases, HIV, Leadership Skills, Adolescent Health Issues, and others.
- Conducted various Health Camps and IEC activities at Urban Health Training Centre, Dharamganj to observe National Health Days.
- Conducted training workshop as resource person on Training of interns on Introduction to Research Methodology for Public Health and was speaker for session on 'Review of Literature and Reference Writing' in September 2017 organized by Department of Community Medicine, MAMC.
- Deputed by Directorate of Family Welfare (Govt of NCT, Delhi) and Department of Community Medicine, MAMC, to monitor immunization sessions in South East District of Delhi, under Phase -IV of Mission Indradhanush Kawach during July 2017.
- Organized World Health Day Celebration April 2017 at UHTC, Barwala under Department of Community Medicine, MAMC.
- Conducted training Workshop as Resource Person on Non-Communicable Diseases, Training for Paramedical Staff and was speaker for session on Final Action Plan on NCDs at Health Centres in March 2017 organized by Department of Community Medicine, MAMC.
- Carried out free health check-up camp for Junior Model School Suraj Park, Delhi in October 2016.
- Invited as a Speaker to deliberate on the topic of "Rising Menace of Vector Borne Diseases: Dengue & Chikungunya" in a CME organized by SOS Children's Village, India in September 2016
- Invited as speaker for CME on Vector Borne Diseases at CISF Camp, Narela Delhi in August 2016.
- Involved in monitoring at district level in New Delhi of 3rd Phase of campaign "Mission Indradhanush Kawach" Round-II w.e.f 7th May, 2016.
- Participated in MTNL Health Mela 2015 and carried out Non-communicable Disease check-up & dissemination of Health education activities on NCDs during November 2015.
- Carried out free health check-up camp and IEC Activities at Geeta Colony with the support of Rotary Club
- Participated in monitoring the house-to-house immunization activity at New Delhi, during the Intensive Pulse Polio Immunization Campaign under National Polio Surveillance Project organized by WHO, India in January 2014.

*Tulika Singh*